



Take control of your treatment goals

Start a **bolder,**
clearer conversation
with your doctor.



Johnson&Johnson

TREMFYA® is a prescription medicine used to treat adults with moderate to severe plaque psoriasis who may benefit from taking injections or pills (systemic therapy) or phototherapy (treatment using ultraviolet or UV light).

SELECTED IMPORTANT SAFETY INFORMATION

TREMFYA® is not for everyone; only your doctor can decide if it's right for you. Do not use if you are allergic to TREMFYA®. TREMFYA® is a prescription medicine that may cause serious side effects, including serious allergic reactions and infections. TREMFYA® affects your immune system. It may increase your risk of infections and lower your ability to fight them. Please read the [Important Safety Information on page 7](#) and the [Medication Guide for TREMFYA®](#) to learn more about these and other risks for TREMFYA®. Discuss any questions you have with your doctor.

Be open and honest with your doctor



Having moderate to severe plaque psoriasis

- really bothers me slightly bothers me
 doesn't bother me at all

(mark the option that applies with a ✓)

My skin patches irritate me

- never sometimes often

(mark the option that applies with a ✓)

Sometimes my skin patches get irritated when

- I exercise I wear certain clothes
 I sleep I travel to different climates
 I work
 other: _____

(mark the options that apply with a ✓ or write another option)

My symptoms have made it harder for me to

- be involved in outdoor activities with my loved ones
 wear the clothes I like
 participate in social events
 go about my day without feeling really bothered
 exercise without irritation
 go on family vacations
 other: _____

(mark the options that apply with a ✓ or write another option)

Take the opportunity to discuss all of your symptoms



Indicated for adults only

I have skin patches or scales on my

- | | |
|-------------------------------|--------------------------------|
| <input type="radio"/> scalp | <input type="radio"/> arms |
| <input type="radio"/> face | <input type="radio"/> groin |
| <input type="radio"/> neck | <input type="radio"/> buttocks |
| <input type="radio"/> chest | <input type="radio"/> legs |
| <input type="radio"/> armpits | <input type="radio"/> knees |
| <input type="radio"/> abdomen | <input type="radio"/> nails |
| <input type="radio"/> back | <input type="radio"/> elbows |

(mark the affected parts of the body with a ✓)

The symptoms that bother me most are



itching



skin tightness



burning



pain



stinging



changes in skin pigmentation



flaking/scaling

other: _____

(mark the options that apply with a ✓ or write another option)

Describe how plaque psoriasis is appearing on your skin



Did you know?

Plaque psoriasis can differ in appearance depending on skin tone.

Take photos of your skin during a flare-up and show them to your doctor.

My skin patches are

- purple or dark brown red or pink
 salmon colored other: _____

(mark the option that applies with a ✓ or write another option)

I've noticed changes in my skin pigmentation, eg, new patches that are darker or lighter than the skin around them.

- No, I haven't seen any changes
 Yes, I have seen small changes
 Yes, I have seen large changes

(mark the option that applies with a ✓)

My scales are

- silvery white gray
 other: _____

(mark the option that applies with a ✓ or write another option)

Next, I would like to

- start treatment for the first time
 find a different kind of treatment
 know what to expect with my treatment

(mark the option that applies with a ✓)



Ask your doctor if TREMFYA® is right for you



The **TREMFYA withMe** program offers personalized support to help you verify your health insurance coverage, understand how to fill your prescriptions, and find options that can make your treatment more affordable. If you are a patient or a caregiver for someone interested in starting treatment with TREMFYA®, visit www.tremfyawithme.com/patients or call 1-833-948-4631 to learn more.

TREMFYA withMe is limited to education for patients about TREMFYA®, its administration, and/or their disease, and is not intended to provide medical advice, replace a treatment plan from the patient's doctor or nurse, or provide case management services.

- What is TREMFYA® and how does it work?
- Is TREMFYA® appropriate for treating psoriasis in diverse skin tones?
- How often is TREMFYA® taken?
- Is TREMFYA® a pill or an injection?
- How can I get started on TREMFYA®?

For adults with moderate to severe plaque psoriasis

Clearer skin is possible

In two clinical studies, 7 out of 10 patients saw 90% clearer skin at 16 weeks.

Results may vary.

Across all skin tones

In another study across all skin tones,* nearly 6 out of 10 patients saw 90% clearer skin at 16 weeks.

Results may vary.

*Refers to a dermatology skin tone scale.

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For adults with moderate to severe plaque psoriasis

Across all skin tones

In a study across all skin tones,* nearly 6 out of 10 patients saw 90% clearer skin at 16 weeks.

In a group of patients with moderate to severe scalp psoriasis, 6 out of 10 patients had at least 90% scalp clearance with nearly all of them 100% clear at 16 weeks.

Before TREMFYA®



Identifies as Black

**After 3 doses
WEEK 16**



Results may vary.

*Refers to a dermatology skin tone scale.

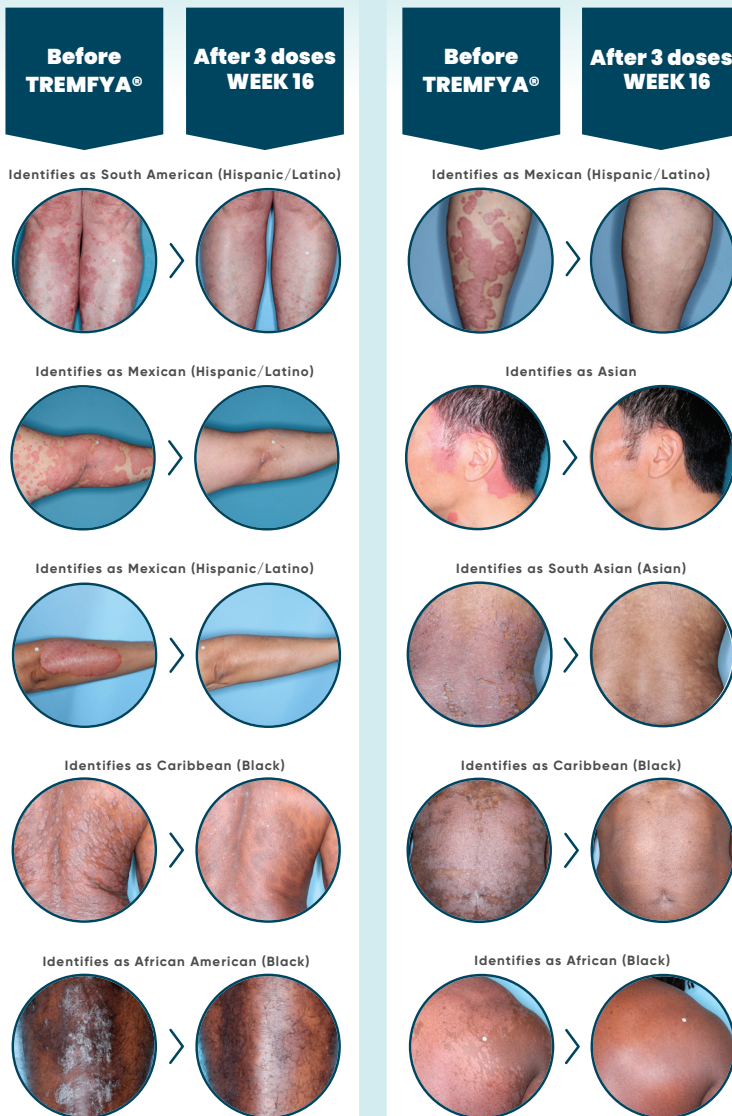
Real photos of patients who received TREMFYA® 100 mg at Week 0, 4, and then every 8 weeks.

TREMFYA® is intended for use under the guidance and supervision of a physician. Patients may self-inject after proper training and physician approval.

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Real Patients. Real Results.



Important Safety Information

What is the most important information I should know about TREMFYA®? TREMFYA® is a prescription medicine that may cause serious side effects, including:

- **Serious Allergic Reactions.** Stop using TREMFYA® and get emergency medical help right away if you develop any of the following symptoms of a serious allergic reaction:
 - fainting, dizziness, feeling lightheaded (low blood pressure)
 - swelling of your face, eyelids, lips, mouth, tongue or throat
 - trouble breathing or throat tightness
 - chest tightness
 - skin rash, hives
 - itching
- **Infections.** TREMFYA® may lower the ability of your immune system to fight infections and may increase your risk of infections. Your healthcare provider should check you for infections and tuberculosis (TB) before starting treatment with TREMFYA® and may treat you for TB before you begin treatment with TREMFYA® if you have a history of TB or have active TB. Your healthcare provider should watch you closely for signs and symptoms of TB during and after treatment with TREMFYA®.

Tell your healthcare provider right away if you have an infection or have symptoms of an infection, including:

- fever, sweats, or chills
- muscle aches
- weight loss
- cough
- warm, red, or painful skin or sores on your body different from your psoriasis
- diarrhea or stomach pain
- shortness of breath
- blood in your phlegm (mucus)
- burning when you urinate or urinating more often than normal

Do not take TREMFYA® if you have had a serious allergic reaction to guselkumab or any of the ingredients in TREMFYA®. Before using TREMFYA®, tell your healthcare provider about all of your medical conditions, including if you:

- have any of the conditions or symptoms listed in the section **“What is the most important information I should know about TREMFYA®?”**
- have an infection that does not go away or that keeps coming back.
- have TB or have been in close contact with someone with TB.
- have recently received or are scheduled to receive an immunization (vaccine). You should avoid receiving live vaccines during treatment with TREMFYA®.
- are pregnant or plan to become pregnant. It is not known if TREMFYA® can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if TREMFYA® passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of TREMFYA®? TREMFYA® may cause serious side effects. See “What is the most important information I should know about TREMFYA®?”

The most common side effects of TREMFYA® include: upper respiratory infections, headache, injection site reactions, joint pain (arthralgia), diarrhea, stomach flu (gastroenteritis), fungal skin infections, herpes simplex infections, and bronchitis.

These are not all the possible side effects of TREMFYA®. Call your doctor for medical advice about side effects.

Use TREMFYA® exactly as your healthcare provider tells you to use it.

Please read the full Prescribing Information, including Medication Guide for TREMFYA®, and discuss any questions that you have with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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Patient
photos
inside



Bring this to your next appointment



Scan to access
on your phone

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